# 18. Mais dicas concretas para um bom acompanhamento

Dura 20 **do 9, 57 até o fim: https://www.youtube.com/watch?v=4\_QvSLbkjbc&feature=youtu.be**

A partir desse vídeo, que você pode assistir com calma, vamos fazer a prova de hoje.

O que deve ser feito nos primeiros 4 meses?

1º Mês \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Isso aconteceu com você?

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Isso aconteceu com você?

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PROVA N. 18

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Nome inteiro (em letra de forma) de quem faz a prova: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Frat. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Data da prova \_\_\_\_\_\_\_\_\_\_ Assinatura: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_